**Dr. Swati Jain**

Dr. Swati Jain is a qualified nutritionist, presently working as an Assistant Professor in Dept of Food and Nutrition, Lady Irwin College, University of Delhi. Her research and curriculum development interests are diverse and extend into the areas of mechanism based nutrition studies, intervention research focused on nutrition issues related to chronic disease risk reduction and self-management; infant and young child feeding, child growth and malnutrition. Dr. Jain has been actively involved as a member and reviewer with international organisations like the Nutrition Society, UK and Academy of Nutrition and Dietetics, US. She has published in various International Journals of repute. Prior to this, she worked at Defence Institute of Physiology and Allied Sciences, Delhi and during this tenure (2008-2013) she was awarded DRDO Fellowship for her Ph.D research. Her Ph.D research work has been focused on Appetite Regulation, specifically on a nutritional approach for sustenance during conditions of food shortage. Prior to this, she completed her Masters and Bachelors in Food and Nutrition, Lady Irwin College, University of Delhi. More recently, her work has been recognised on COVID-19.

Some of her notable publications are as follows:

1. Swati Jain and Sobhana Ranjan (2020). Evidence that maintaining optimal nutrition status for a well-functioning immune system might promote recovery for mild COVID-19 patients. World Nutrition,11(4):66-93
2. Swati Jain and Som Nath Singh (2018). Regulation of Food Intake: A Complex Process. Defence Life Science Journal, 3: 182-189. DOI : 10.14429/dlsj.3.12401
3. Swati Jain and Som Nath Singh (2016). Effect of L-carnitine and *Hoodia gordonii* Supplementation on Metabolic Markers and Physical Performance under Short Term Calorie Restriction in Rats. Defence Science Journal, 66 : 11-18. DOI : 10.14429/dsj.66.9178
4. Swati Jain and Som Nath Singh (2015). Effect of L-carnitine on nutritional status and physical performance under calorie restriction. Indian Journal of Clinical Biochemistry, 30:187-193.
5. Swati Jain and Som Nath Singh (2014) “Metabolic response of short term calorie restriction and supplementation with *Hoodia gordonii’’*. South African Journal of Botany, 92:73-77
6. Swati Jain and Som Nath Singh (2013) “Metabolic effect of short term administration of *Hoodia gordonii* – an herbal appetite suppressant” South African Journal of Botany, 86: 51-55